

**SILVERMAN CROSS TRIATHLON 2020 - 28.06.2020 - WYNIKI**

Pozycja Open	Pozycja Kategoria	Pozycja OPEN K/M	Nazwisko	Team	KAT	Numer	Pływanie 500m	T1	Rower 17,5km	T2	Bieg 5km	Czas łączny	DNF
1	1	1	RYCYK MACIEJ		OPEN M	27	00:07:29 (16)	00:01:12	00:41:09 (3)	00:00:32	00:20:38 (3)	01:10:59,24	
2	1	1	WOŁYŃSKI KAROL / JAJUGA DAWID / JAJUGA ARKADIUSZ	CARDIOSPORT-ANTONTEAM-MASTERS	SZTAF	103	00:06:26 (1)	00:00:34	00:44:20 (13)	00:00:29	00:19:40 (1)	01:11:29,17	
3	2	2	OSTRASZ BARTEK	GVT	OPEN M	7	00:06:38 (4)	00:00:59	00:41:26 (4)	00:00:28	00:22:12 (11)	01:11:43,14	
4	2	2	DZIEMBOWSKI ŁUKASZ / CHMIELEWSKI GRZEGORZ / SUCHY PRZEMYSŁAW	TMTEAM	SZTAF	102	00:07:13 (14)	00:00:28	00:42:02 (7)	00:00:16	00:21:50 (7)	01:11:49,74	
5	3	3	IWAŃSKI BARTŁOMIEJ	ZWIFT TEAMPL	OPEN M	4	00:06:44 (7)	00:01:36	00:41:28 (5)	00:00:29	00:21:41 (6)	01:11:58,30	
6	1	4	MIELKE DAWID	SPORTWISE	M16	69	00:06:35 (3)	00:00:42	00:41:45 (6)	00:00:29	00:22:29 (16)	01:11:58,98	
7	2	5	LISIEŃSKI MICHAŁ	CHOP ZE ŻELAZA TRI TEAM	M16	30	00:06:34 (2)	00:00:23	00:42:16 (8)	00:00:28	00:23:18 (19)	01:13:00,04	
8	3	6	KOBUSIŃSKI ADRIAN	FITSTYLE TEAM	M16	20	00:08:00 (23)	00:00:45	00:41:01 (1)	00:00:34	00:22:56 (17)	01:13:16,75	
9	1	7	ODRÓBKA STANISŁAW	CHOP ZE ŻELAZA/ NON STOP ADVENTURE	M40	65	00:06:55 (9)	00:00:44	00:44:29 (14)	00:00:19	00:21:00 (4)	01:13:27,09	
10	2	8	DYCZEK MARIUSZ	DYCUŚ TEAM	M40	66	00:07:13 (13)	00:00:46	00:45:25 (22)	00:00:19	00:19:49 (2)	01:13:31,73	
11	3	9	SZUREK SŁAWOMIR	UKS PIĄTKA PLUS RYDUŁTOWY	M40	3	00:07:30 (17)	00:00:35	00:44:05 (11)	00:00:26	00:21:31 (5)	01:14:07,09	
12	4	10	BARAN ROMAN	NTT TRIADA	M40	1	00:06:45 (8)	00:01:19	00:44:10 (12)	00:00:56	00:22:22 (13)	01:15:32,66	
13	5	11	PROKOP JAROSŁAW	KAGB - GOPR GRUPA BESKIDZKA	M40	26	00:07:10 (11)	00:00:57	00:44:03 (10)	00:00:29	00:23:35 (23)	01:16:13,63	
14	4	12	KALAMARZ KAMIL		M16	49	00:08:22 (33)	00:00:45	00:42:50 (9)	00:00:36	00:24:22 (25)	01:16:54,60	
15	5	13	KRZESAJ MARIUSZ	MULTIFIT	M16	5	00:08:06 (26)	00:00:41	00:44:43 (17)	00:00:28	00:22:58 (18)	01:16:57,02	
16	6	14	SMOLEŃ JAREK		M40	59	00:09:10 (50)	00:00:53	00:44:40 (16)	00:00:30	00:21:51 (8)	01:17:04,51	
17	6	15	STRĄCZEK JAN		M16	47	00:06:40 (5)	00:00:29	00:46:54 (30)	00:00:16	00:23:20 (21)	01:17:38,99	
18	7	16	PRZEŹDZIAK ZYGMUNT	GMINA STRZELCE OPOLSKIE	M40	11	00:08:50 (41)	00:01:33	00:44:56 (19)	00:00:39	00:22:16 (12)	01:18:14,04	
19	8	17	HARMANSA PIOTR	TRIATHLON GOGOLIN	M40	32	00:07:55 (21)	00:00:50	00:46:36 (28)	00:00:35	00:22:26 (14)	01:18:23,00	
20	3	3	BIEMEK KAMIL / CHOJNOWSKI SEBASTIAN / GNIOT PATRYK	KAPIJA	SZTAF	101	00:06:55 (10)	00:00:25	00:41:03 (2)	00:00:16	00:29:54 (66)	01:18:34,36	
21	7	18	SZYWALSKI ALAN	MULTIFIT	M16	39	00:08:02 (24)	00:00:57	00:46:39 (29)	00:00:41	00:22:28 (15)	01:18:46,84	
22	9	19	BOSOWSKI TOMASZ		M40	25	00:07:17 (15)	00:00:57	00:45:28 (23)	00:00:39	00:24:31 (27)	01:18:51,52	
23	8	20	SZMAJDUCH MARIUSZ	ŚMIESZNIE TO PRZECZYTAĆ..	M16	10	00:08:20 (32)	00:01:12	00:47:31 (33)	00:00:35	00:21:56 (9)	01:19:33,46	
24	9	21	ELGUEA JULEN	CICLISMO WROCLAW	M16	58	00:08:11 (29)	00:01:23	00:45:51 (24)	00:00:55	00:23:24 (22)	01:19:44,14	
25	10	22	SAWICKI ARKADIUSZ	GVT	M16	22	00:07:54 (19)	00:00:56	00:46:03 (25)	00:00:32	00:25:50 (33)	01:21:14,93	

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26	10	23	MIKOŚ MARCIN	DIABLAKI	M40	28	00:08:14 (30)	00:01:13	00:47:51 (35)	00:00:47	00:23:19 (20)	01:21:23,53	
27	11	24	WÓJCIK DANIEL	DIABLAKI	M40	29	00:08:48 (40)	00:00:56	00:46:57 (31)	00:00:31	00:25:10 (31)	01:22:22,19	
28	11	25	GAJOS MICHAŁ	MMCAR.PL	M16	73	00:08:05 (25)	00:01:21	00:44:53 (18)	00:00:17	00:27:55 (53)	01:22:29,71	
29	12	26	VIERHEYDEN SAM	CICLISMO WROCLAW	M16	46	00:08:08 (28)	00:00:36	00:51:33 (54)	00:00:37	00:22:01 (10)	01:22:54,28	
30	12	27	KLIMCZAK MARCIN	TMTEAM	M40	62	00:09:48 (56)	00:02:08	00:45:08 (21)	00:00:34	00:25:17 (32)	01:22:56,43	
31	13	28	ROZEK JACEK	COKEINCONTAINER.COM 7PRO TEAM	M40	72	00:09:25 (53)	00:01:28	00:47:51 (36)	00:00:20	00:24:11 (24)	01:23:15,00	
32	13	29	CIASTO SEBASTIAN		M16	18	00:07:12 (12)	00:01:03	00:46:23 (27)	00:01:15	00:27:25 (47)	01:23:16,93	
33	14	30	LOS PATRYK	GS KAPIJA	M16	34	00:08:57 (46)	00:01:24	00:47:41 (34)	00:00:44	00:24:43 (29)	01:23:29,26	
34	4	4	JANUSZ SOJKA / RACA RADOSŁAW / OBSTOJ PIOTR	LUKS ROSPONDEK ŻYROWA	SZTAF	106	00:06:44 (6)	00:00:31	00:49:44 (46)	00:00:22	00:26:50 (41)	01:24:09,55	
35	1	1	LEŚNIAK KAROLINA	TMTEAM	OPEN K	42	00:08:26 (35)	00:01:36	00:49:30 (44)	00:00:31	00:24:31 (26)	01:24:35,04	
36	14	31	NAWROCKI ADRIAN	CARDIO-SPORT SCOTT MTB TEAM	M40	6	00:09:48 (55)	00:02:08	00:45:04 (20)	00:00:47	00:27:12 (45)	01:24:58,04	
37	15	32	SPITZKI ARNOLD		M16	67	00:10:16 (67)	00:00:57	00:47:24 (32)	00:00:50	00:26:19 (35)	01:25:46,14	
38	15	33	SOWA ANDRZEJ	KATOWICE	M40	57	00:08:43 (38)	00:01:49	00:48:16 (38)	00:00:58	00:26:32 (38)	01:26:18,88	
39	16	34	PATEREK MAREK	MULTIFIT	M16	38	00:07:55 (20)	00:01:14	00:51:29 (53)	00:01:14	00:24:42 (28)	01:26:34,00	
40	5	5	PAWLAK RAFAŁ / NIKOŁAJCZYK ŁUKASZ / PAWLAK OLIWIA	PITBULLTEAM	SZTAF	105	00:09:13 (51)	00:00:25	00:49:49 (47)	00:00:19	00:26:58 (43)	01:26:44,43	
41	16	35	JELONEK PIOTR	TMTEAM	M40	45	00:08:35 (36)	00:01:37	00:48:33 (40)	00:00:33	00:27:30 (49)	01:26:47,28	
42	17	36	HOFFMANN KRYSZTIAN	FITSTYLE	M16	21	00:09:00 (47)	00:01:43	00:44:35 (15)	00:01:06	00:30:28 (68)	01:26:51,91	
43	17	37	HOCZEK ARKADIUSZ	KIEDY SIĘ ZMĘCZYSZ? JUTRO!	M40	16	00:09:55 (57)	00:00:57	00:49:39 (45)	00:00:23	00:26:28 (36)	01:27:21,10	
44	18	38	MIELKE RAPHAEL		M40	70	00:08:18 (31)	00:01:29	00:48:14 (37)	00:01:06	00:28:37 (56)	01:27:44,44	
45	6	6	WOŹNIAK DOROTA / KOTŁOWSKA JOANNA / KURPAS AGATA	PSP 2 ZDIESZOWICE	SZTAF	104	00:07:58 (22)	00:00:40	00:53:21 (58)	00:00:21	00:25:52 (34)	01:28:12,19	
46	18	39	ROGACZ PIOTR	HDR WATAHA DĄBROWA GÓRNICZA	M16	36	00:12:37 (75)	00:01:09	00:49:29 (43)	00:00:51	00:24:57 (30)	01:29:02,88	
47	19	40	NICPOŃ DOMINIK		M40	33	00:09:59 (60)	00:02:06	00:49:57 (48)	00:00:42	00:26:44 (39)	01:29:26,69	
48	19	41	SEMENOWICZ KAMIL	PULSBIKE TEAM	M16	24	00:10:58 (73)	00:01:29	00:48:56 (41)	00:00:42	00:27:26 (48)	01:29:31,56	
49	20	42	FRIEDRICH ADAM	TRIATHLON KAMIEŃ ŚLĄSKI	M40	31	00:08:46 (39)	00:01:33	00:48:32 (39)	00:01:33	00:29:08 (62)	01:29:32,43	
50	2	2	GAŁĄZKA ANNA		OPEN K	71	00:08:54 (44)	00:01:11	00:52:02 (57)	00:00:36	00:26:52 (42)	01:29:35,73	

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51	20	43	KRASA MICHAŁ	POWER4YOUNG.PL	M16	74	00:09:57 (58)	00:00:51	00:51:41 (55)	00:00:36	00:26:49 (40)	01:29:53,94	
52	21	44	PILSZEK ADAM		M16	19	00:07:40 (18)	00:01:50	00:50:59 (51)	00:01:02	00:29:04 (61)	01:30:35,47	
53	3	3	GARWOL-BINC AGNIESZKA	@AGA_Z_WOZKIEM_BIEGA	OPEN K	48	00:10:12 (66)	00:01:32	00:50:46 (50)	00:00:46	00:27:42 (50)	01:30:57,38	
54	21	45	WRÓBEL MARCIN	WRÓBEL FAMILY TEAM	M40	52	00:09:23 (52)	00:01:23	00:46:16 (26)	00:01:05	00:33:25 (73)	01:31:30,68	
55	22	46	GEBCZAK KRZYSZTOF		M16	68	00:09:07 (49)	00:02:28	00:50:19 (49)	00:01:24	00:28:18 (54)	01:31:35,95	
56	22	47	OLEJNICZAK MARCIN	KLUB SPORTOWY ZDZIESZOWICE-BIKETEAM	M40	41	00:10:34 (68)	00:01:41	00:49:28 (42)	00:01:21	00:28:38 (57)	01:31:42,74	
57	23	48	ZGARDA JACEK	TMTEAM	M40	43	00:08:08 (27)	00:01:21	00:54:28 (66)	00:00:31	00:27:17 (46)	01:31:45,28	
58	1	4	TREFON MICHALINA	KOZAKTEAM	K16	63	00:09:00 (48)	00:01:12	00:51:42 (56)	00:00:41	00:29:38 (63)	01:32:12,47	
59	23	49	ZIELENKIEWICZ MARCIN	JAK NIE BYĆ GRUBASEM	M16	13	00:08:52 (42)	00:00:34	00:54:17 (61)	00:00:39	00:28:46 (59)	01:33:07,94	
60	24	50	PYKA ŁUKASZ		M40	64	00:08:53 (43)	00:02:06	00:54:28 (65)	00:00:26	00:27:50 (51)	01:33:42,24	
61	24	51	KOCHON ŁUKASZ	KS KOZIOŁEK KĘDZIEZYN-KOŹLE	M16	51	00:10:09 (64)	00:01:58	00:51:08 (52)	00:00:21	00:30:48 (69)	01:34:24,71	
62	25	52	SOBKOWICZ MICHAŁ		M16	12	00:08:25 (34)	00:02:25	00:54:15 (60)	00:00:46	00:28:35 (55)	01:34:27,05	
63	25	53	KOWOHL ADRIAN		M40	56	00:10:57 (72)	00:01:20	00:55:06 (67)	00:00:36	00:27:07 (44)	01:35:05,96	
64	26	54	BORN MARCIN	OSP KŁODNICA	M40	17	00:10:11 (65)	00:01:47	00:55:44 (68)	00:00:46	00:27:54 (52)	01:36:21,51	
65	27	55	KOŁODZIEJ MARIUSZ	TMTEAM	M40	44	00:08:38 (37)	00:02:04	00:55:51 (69)	00:01:00	00:29:00 (60)	01:36:32,82	
66	26	56	MIELNIK KRZYSZTOF	DC TRIATHLON TEAM	M16	2	00:10:05 (63)	00:02:25	00:57:10 (72)	00:00:50	00:26:32 (37)	01:37:03,10	
67	1	5	KEBLOWSKA DOMINIKA		K40	53	00:10:35 (69)	00:01:32	00:54:27 (64)	00:01:30	00:31:01 (71)	01:39:04,95	
68	2	6	BOBROWSKA MAŁGOSIA	RUN4FUN	K40	8	00:08:54 (45)	00:01:13	01:00:12 (76)	00:00:39	00:29:52 (65)	01:40:50,25	
69	28	57	NAJWER TOMASZ		M40	9	00:10:02 (61)	00:01:39	00:58:41 (74)	00:00:42	00:29:47 (64)	01:40:50,66	
70	2	7	BANACH JOANNA	ARENDAL TRIATHLON	K16	50	00:09:58 (59)	00:01:47	00:57:24 (73)	00:01:26	00:30:49 (70)	01:41:22,60	
71	29	58	NOWAK MARCIN	BRACIA	M40	37	00:09:46 (54)	00:02:30	00:54:25 (63)	00:02:21	00:33:27 (74)	01:42:29,57	
72	27	59	BUJAS ARKADIUSZ		M16	75	00:15:19 (78)	00:03:04	00:54:22 (62)	00:01:10	00:30:13 (67)	01:44:07,95	
73	28	60	GUTKOWSKI ADAM		M16	35	00:10:37 (70)	00:02:51	01:01:21 (77)	00:01:34	00:28:39 (58)	01:45:02,04	
74	30	61	GAWINSKI TOMASZ		M40	54	00:18:45 (80)	00:02:06	00:53:54 (59)	00:00:50	00:31:21 (72)	01:46:56,70	
75	29	62	KWIADOR ŁUKASZ		M16	15	00:12:50 (77)	00:02:08	00:57:02 (71)	00:01:10	00:34:37 (76)	01:47:47,38	

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76	30	63	WACHOWIAK MAXIMILIAN		M16	76	00:10:03 (62)	00:02:45	00:57:00 (70)	00:01:32	00:37:03 (78)	01:48:23,05	
77	31	64	WILKIN MIREK	TMTEAM	M40	14	00:12:25 (74)	00:02:16	00:59:09 (75)	00:02:36	00:33:37 (75)	01:50:03,57	
78	31	65	MACHURA ŁUKASZ		M16	55	00:10:56 (71)	00:03:34	01:05:36 (80)	00:01:41	00:35:53 (77)	01:57:39,76	
79	3	8	JĄŁOSZYŃSKA ANNA	PULSBIKE TEAM	K40	23	00:12:48 (76)	00:01:23	01:01:54 (78)	00:01:23	00:41:48 (79)	01:59:15,77	
80	3	9	GWIAZDA KATARZYNA	CYKLOOPOLE	K16	40	00:15:34 (79)	00:01:44	01:03:39 (79)	00:01:11	00:42:51 (80)	02:04:57,66	
DNF	DNF	DNF	GŁĄBIK MATEUSZ		M16	60						DNF	DNF
DNF	DNF	DNF	SAKUTA TOMASZ	TMTEAM	M40	61	00:07:03	00:01:06	00:49:33	00:00:49	00:49:48	DNF	DNF